

Disciple My Life Retreat

Friday – Sunday, May 4-6, 2018

About the Retreat

This 2-night retreat for alumni of the *Intro to Soul Care Retreat* is designed to help you...

- **Deepen your lived discipleship to Jesus Christ** by exploring the present condition of your discipleship, discovering the means of grace by which your discipleship can strengthen, clarifying and embracing the good works Christ has called you to, and more!
- **Experience refreshment and renewal** in prayer, Scripture meditation, and reflection.
- **Attend to the presence of the Holy Spirit** through almost 24 hours of silence kept in community with others while on retreat. (**Silence will be kept from Friday night until we bless the meal for dinner on Saturday.*)

Soul Care Retreats are part of the Metanoia U curriculum, which is designed to help you grow in loving God with your heart, mind, soul, strength, and community. Pastor Adam Feldman will facilitate this retreat.

Retreat Details

When: Friday-Sunday, **May 4-6, 2018**

Where: All Saints Sisters of the Poor Convent, St. Gabriel's Retreat House

1501 Hilton Ave, Catonsville, MD 21228; <http://allsaintssisters.org>

Friday Arrival: Check-in begins at **4:00pm**, retreat begins at **4:30pm** (dinner at 6:00pm)

Sunday Departure: **9:30am**, We will enjoy breakfast together and a time of prayer for Metanoia's Worship Gathering before departing to worship our Lord with our church family.

Who: You must attend an *Intro to Soul Care Retreat* prior to registering for this retreat

****This retreat is limited to the first 16 persons who register and pay the fee.****

What to bring: Bible, journal, pen, and clothing and toiletries for a 2-night retreat.

Accommodations include a private room with twin bed and communal bathroom/shower for each gender. Linens and towels provided. ASSPC is adjacent to Hilton Area Patapsco St. Park, so bring appropriate clothing to enjoy God's creation!

Registration Details

COST: **\$135**/person for Metanoia Covenant Partners; **\$185**/person for non-Partners

Cost covers retreat expenses and 6 meals

CHECKS: Write checks out to "Metanoia Church" with "Soul Care Retreat" in the memo

DEADLINE: Registration form and fee must be received by **Sunday, April 22.**

REGISTER: At a Worship Gathering, by sending your form & fee by mail, or online.

***Limited scholarships are available. Confidentiality is protected. Contact admin@metanoiachurch.org for more details.*

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REGISTRATION FORM
Friday – Sunday, May 4-6, 2018
REGISTRATION DEADLINE: Sunday, April 22

Name (print): _____

Address : _____

Email address: _____ Phone #: _____

Emergency contact: _____

Emergency contact phone #: _____

If a family member is attending with you, please list their name(s): _____

List dietary and/or allergy concerns: _____

COST: \$135/person for Metanoia Partners

\$185/person for non-Partners

Total payment amount enclosed: _____

Check #: _____

**** Make checks payable to: "Metanoia Church." Write "Soul Care Retreat" in the memo section.***

Return this completed REGISTRATION FORM along with your payment:

- In the offering box at a Worship Gathering, or
- In the mail to: Metanoia Church, PO Box 298, Ellicott City, MD 21041